

## **PRESS RELEASE**

June 21, 2017

### **ESSEX COUNTY FREEHOLDERS HONOR MATT GROSSMAN RECIPIENT OF THE WENDY'S HIGH SCHOOL HEISMAN AWARD**



Essex County Freeholder At-Large Patricia Sebold (right), presents the Board's Commendation to Matt Grossman (left). PHOTO BY GLEN FRIESON

(Caldwell, NJ) – During a special presentation held at the Caldwell Town Hall in Caldwell, New Jersey, on June 21, 2017, the Essex County Board of Chosen Freeholders honored Matt Grossman of Millburn, recipient of the Wendy's High School Heisman Award.

Freeholder At-Large Patricia Sebold presented a Commendation to Matt in celebration of his achievements in track and field. He thanked Freeholder Sebold and the Board for honoring him, sharing his passion for track and field and appreciation for the recognition.

The Wendy's High School Heisman Award is presented to one boy and one girl in each state for their athletic and academic achievements, and this year, Matt received this honor. In 2017, Matt was named the following: outdoor Group 4 Champion (3200m); Indoor All-American in 5k; Indoor and Outdoor Sectional Champion (3200m); and Outdoor County Champion (3200m).

In 2016, he received the following titles: winner of the Outdoor Meet of Champions (3200m); Outdoor Group Champion (3200m); Cross Country, Indoor and Outdoor Sectional Champion; Cross Country and Outdoor County Champion; Cross Country Footlocker Nationals Qualifier; and Outdoor All-American in 5k.

In 2015, Matt also was named the following: Cross Country Group, Sectional, and County Champion; Cross Country Footlocker Nationals Qualifier; Outdoor and Indoor Track Sectional Champion; and Indoor County Champion.

While at Millburn High School, he received a varsity letter in all 3 seasons of running for all 4 years of high school. He will be continuing his running career at Princeton University in the Fall of 2017.

He is the son of Paul Grossman, attorney at Friedman and Wittenstein, and Alysse McLoughlin, attorney at McDermott, Will, and Emery. He also has a younger sister and two younger brothers who attend schools in Millburn.

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**For Additional Information:**  
**Medinah E. Muhammad, Public Information**  
**Essex County Board of Chosen Freeholders**  
**465 Dr. Martin Luther King, Jr. Blvd.**  
**Newark, New Jersey, 07102**  
**(973)-621-4452**  
[mmuhammad@freeholders.essexcountynj.org](mailto:mmuhammad@freeholders.essexcountynj.org)