## PRESS RELEASE

**March 24, 2017** 

## ESSEX COUNTY FREEHOLDER PATRICIA SEBOLD HONORS KENNETH W. TRIMMER IN CELEBRATION OF HIS RETIREMENT



Freeholder Leonard M. Luciano (left), and Freeholder Patricia Sebold (right), present the Board's Commendation to Kenneth Trimmer (center) honoring him for his retirement. PHOTO BY GLEN FRIESON

(Newark, NJ) – On March 22, 2017, Freeholder At-Large Patricia Sebold honored Mr. Kenneth W. Trimmer in celebration of his retirement from his position as Football Coach at James Caldwell High School after 53 years of dedicated service during a special presentation held at the Hall of Records in Newark

Freeholder Sebold thanked Mr. Trimmer for his unwavering service to students. As a retired Educator with nearly 30 years of teaching experience, she acknowledged Mr. Trimmer's dedication to improving the lives of students and athletes in Essex County as she presented him with the Board's Commendation.

District 4 Freeholder Leonard Luciano, a former Newark Public School teacher, was also present during the presentation. He congratulated Mr. Trimmer on his successful career.

Mr. Trimmer graduated from Verona High School in 1960 and Montclair State College (now Montclair State University), in 1964. He began his career teaching at Caldwell-West Caldwell schools for 46 years and served as Football Coach for 53 years. He also served as the Head Coach for 23 years and had a record of 170–75–1. Under his leadership, the teams he coached won 7 Conference Championships, and 3 State Championships in 1997, 1998, and 2008. He has also led the teams he coached into the State Playoffs for 20 years.

Mr. Trimmer has also coached boys and girls basketball with a record of 144–76 and 132–62, respectively. Under his leadership, the girls basketball team went on to set a school record in 1996 with 26 wins and a North Jersey Group II, State Championship.

Mr. Trimmer has received numerous awards and recognitions, including: "Conference Coach of the Year" for 5 years, New Jersey Group II, Coach of the Year, Essex County Coach of the Year, the "John Bateman Award" from Rutgers University, and the Yogi, "The Good Guy" Award from Yogi Berra Museum and Learning Center. He was also inducted into the New Jersey Football Coaches Association Hall of Fame, the New Jersey State Interscholastic Athletic Association/New Jersey School Counselor Association Hall of Fame, and the Essex County Football Coaches Hall of Fame.

Mr. Trimmer is married to Patricia, his wife of 53 years. Together they have 3 children: Jennifer Keenan married to Richard Keenan; Kimberly Sgro Married to Charles "Chip" Sgro; and Kenneth Trimmer married to Ann Marie. They are also the proud grandparents of 5 grandchildren: Maggie Keenan (25), Zachary Trimmer (16), Quinn Trimmer (13), William Sgro (12), and Hayley Sgro (10).

Mr. Trimmer thanked the Freeholder Board for this recognition. During the presentation, he shared that one of his greatest achievements was co-founding Leaders for Life in 2006, an initiative that exposes young men who live in urban communities to the components of college life, teaches anti-gang education, and empowers them to be productive, caring, and responsible leaders. He shared that all the work he does is for the betterment of the community and the youth he leads.

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